

I would like to say how Lung Health and Quercetin changed my life. Four years ago I turned 40 and around that time I got a cold and developed a cough that never went away. I have been to a Lung specialist twice and was told I have asthma. I was on steroid inhalers but continued to cough every day which was no fun for me or people around me. The inhalers can give side effects which I started to develop so I thought no more! I went to O2s health as I heard they may have something to help. I took it home thinking what rubbish, this won't work but the next day I wasn't coughing. Five months on and I am still cough free so if this helps one other person like me it will be worth writing this. I am so happy!!

Debra McEwan
Nelson